



Special needs in an inclusive learning environment

Stockholm 22-26 April 2024

Erasmus+ KA1 training course

Trainer: Helena Sandell

SUN 21 APR Arrival

MON 22 APR Course starts at venue Kulturfyren. Address: Svartmangatan 6G,

code for main gate: 5022, 1st floor (knock on door)

(phone Knowledgepro: 0046704074832). Course main trainer: Helena Sandell

08.30-11.30* -Ice-breakers

-Introduction to the course

-WS1: Dyslexia, Language Disorder/Disability

and Dyscalculia

11.30-12.15 **BREAK**

12.15-14:15 -WS1 continues: Dyslexia, Language

Disorder/Disability and Dyscalculia

Individual reflection in logbook

14.15-14:30 The Swedish school system - an intro overview

Jessica Hintze

*)Fika break included



TUE 23 APR

08:30-11:30*

-WS2: Different perspectives on students and

learning

-WS3: Learning disabilities such as

ADHD/Autism

11:30-12:15

BREAK

12:15-14:30*

-WS3 continue: Learning disabilities such as

ADHD/Autism

Individual reflection in logbook



WED 24 APR

08:30-10:30*

Special guest trainer: Jannica Andreasson

-WS4: A coaching approach in school

11:10-13:00

Study visit at *Hällsboskolan* (a public special needs school for children with developmental

language disorder)

Address: Rålambsvägen 32B (Metro station

Thorildsplan)

13:00-14:00

Travel time to Väsby skola for primary and

secondary teachers

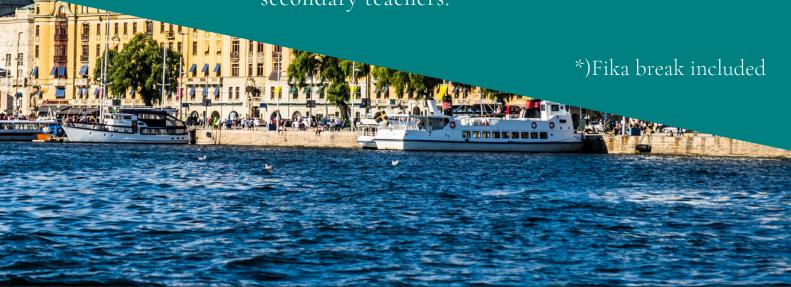
14:00-16:00

Study visit at Kungsholmens gymnasium for

upper secondary teachers

Study visit at Väsby skola for primary and

secondary teachers.



THU 25 APR

08:30-11:30*

-WS5: Universal Design for Learning

-WS6: SOC (sense of coherence) in a school

setting

11:30-12:15

BREAK

12:15-14:30*

-WS6 continue: SOC (sense of coherence) in a

school setting

Individual reflection in logbook

17:40-21:00

Joint boat trip dinner to Vaxholm and back to Stockholm. Knowledgepro pays for the boat ticket (260 SEK/person) but dinner is at your own cost (a separate mail will be sent to you with the menu).



FRI 26 APR

09:00-11:30*

-WS7: CPS-model Ross Greene

-WS8: Wellbeing techniques for

teachers/students

- breathing

- mindfulness/meditation

- yoga poses

11:30-12:00

BREAK

12:00-13:00*

-WS8 continues

13:00-13:45

WS9-Preparation and group presentations

13:45-13.55

-Individual summary reflection in logbook

14:00-14:45

-Networking and information for potential

collaborations E+

-Things I take with me from this course (and

online survey)

-Certificate ceremony with group photo



SAT 27 APR

00:00-00:00

Travel day back home (if no flight available on

Friday evening after 6 pm)

00:00-00:00

Optional Stockholm sightseeing at your own cost if time allows for you - check out https://www.visitstockholm.com/see-do/

HOPE TO SEE YOU AGAIN. WELCOME BACK FOR ANOTHER COURSE!

