

Learning Objectives

Course: Learning for and through wellbeing

- ✓ To gain an understanding of the philosophical foundations of education as a process of realizing human potential where various elements are harmoniously integrated, rather than conceptualized as conflicting and dichotomous.
- ✓ To learn how to interpret and implement the requirements and guidelines of National Curricula in terms of realization of human potential
- ✓ To gain an understanding of the various levels of human well-being and human intelligence from the physical to the spiritual
- ✓ To learn the fundamentals of how to plan and implement experiences that promote the realization of the full potential of every student through meaningful, inspiring, and transformative learning processes
- ✓ To learn the fundamentals of creating learning communities that enhance the unfoldment of human potential
- ✓ To learn how to develop a questioning mind, to extend one's comfort zone, and to open up to transformative processes
- ✓ To learn some key approaches to how to interact, collaborate, and co-create with schools and colleagues, locally as well as across Europe, in pursuit of the above learning objectives