

## Course Contents

Course: Learning for and through wellbeing

- ✓ Potential, its identification, development, and realization
- ✓ Basic tenets of Reconstructive Education and Experiential Learning
- ✓ Cognitive, Emotional, Social, and Spiritual Intelligences and their interrelationships
- ✓ Human nature and the fundamentals of well-being
- ✓ Identity, hope, and meaningfulness as key factors in learning
- ✓ Cultural influences on learning and becoming
- ✓ Teacher roles and their enactments
- ✓ Developing schools as learning communities and miniature societies
- ✓ Teaching and learning as a journey of discovery
- ✓ Visualization and social imagination
- ✓ International networking and the European heritage of cosmopolitan culture